

Pro-Stat™ Food Fortification Testing Results For Dialysis Patients

Pro-Stat™ 101 was kitchen tested as a food fortifier. Items chosen for testing are readily available in grocery and drug stores and in clinical settings, including nursing station stock. The tested items listed below are specifically for patients on fluid restrictions, on mechanically altered diets and with weight loss and pressure ulcers. Each serving of the items below were mixed with one portion of **Pro-Stat™ 101** (1 fl oz). **Pro-Stat™ 101** may also be used via feeding tubes.

Instructions: Mix one dose (30ml/1 fl oz/2 Tbspn) of **Pro-Stat™ 101** with the desired food from the list below when ready to consume food. Do not refrigerate or cook or reheat foods mixed with **Pro-Stat™ 101**.

Notes: Instant cereals, coffees, tea were plain (no added milk, sugar, etc.)

A = Excellent B = Good C = Fair D = Poor F = Unacceptable

Food/Beverages	Mixability	Compatibility	Appearance	Flavor	Mouth Feel	General Acceptability	Holding 2 hrs, Room Temperature	Comments
Beverages								
7-up	A	B	B	C	A	B	Fine	Foamy, strong taste
Sprite	B	B	B	B	A	B	Fine	Foamy on top—looks like ginger ale
Club Soda/Seltzer	A	A	A	A	A	A	Fine	Foamy, very good taste
Apple Juice	A	A	A	A	A	A	Fine	Very good taste
Cranberry Juice	B	B	B	B	A	B	Fine	
Grape Juice	B	A	A	A	A	A	Fine	
Pear Juice	A	A	A	A	A	A	Fine	
Pineapple Juice	A	A	A	A	A	A	Fine	Very good taste
Black Coffee	A	B	A	C	A	C	Acceptable	Increased bitterness
Ice Tea w/Sugar	A	A	A	C	A	C	Acceptable	
Hot Tea	A	A	A	C	A	A	Acceptable	
Nutritionals								
Boost Breeze	A	B	A	C	A	B	Fine	
Glucerna	A	B	A	B	B	B	Pudding Thick	Thickened product to honey
NuBasics Juice Drink Berry	A	A	A	A	A	A	Fine	
Foods								
Canned Pears	C	B	A	B	A	B	Acceptable	
Canned Pineapple	C	A	A	B	A	A	Fine	
Applesauce	B	B	A	C	A	B	Fine	Looks like cinnamon applesauce
Van/Cinn Instant Oatmeal 1 packet	A	B	A	B	A	B	Fine	
Apple/Cinn Instant Oatmeal 1 packet	A	C	B	C	B	C	Watery—separated out	Became watery after mixing in ProStat; strong flavor
Farina	B	C	C	C	A	C	Fine	
Yogurt—Strawberry Lite & Fit	B	B	D	B	B	B	Acceptable	Makes yogurt watery; strong flavor