

DIFF-STAT™ COMPARISON CHART

Product Name	CFU	Probiotics	Prebiotic	Form	Dose/day
Diff-Stat	8.5 B	Saccharomyces boulardii, Lactobacillus Sporogenes (Bacillus Coagulans)	FOS	Chewable tablet, Powder	1 X 1
Florastor, Lalflor	5B	Saccharomyces boulardii		powder, capsule	1 X 2
Lactinex	1 M, 100 M	L. acidophilus (gasseri), L. helveticus (bulgaricus)		tablets chew tabs, granules	4 X 3-4 1 X 3-4
GLUTAPAK R	100 M	L. reuteri, Glutamine		powder	1 X 1
ABx Support	10 B	S. boulardii, L. Rhamnosus, B. Bifidum, B. Breve		capsule	1 X 2
Align	1 B	B. infantis 35264 (Bifantis™)		capsule	1 X 1
Culturelle	10 B	L. rhamnosus GG		capsule	1 X 1
Bacid	1B	L. acidophilus 80%, L. bulgaricus 10%, B. Bifidum 5%, S. Thermophilus 5%		capsule	1 X 2
BioGaia chewable Gut Health tablets	100 M	L. reuteri protectis		chewable tablets	1 X 1
VSL#3	450 B pk, 113 B cap,	8 strain combination of 3 Bifidobacterium strains, 4 lactobacillus strains & S. thermophilus		powder, capsules	.5-1 sachets, 2-4 cap
BioK + CL1285	30 B	L acidophilus CL1285 plus L casei		capsule	1 X 1
FloraQ	8 B	L. acidophilus, Bifidobacterium, L. paracasei, Streptococcus thermophilus		capsule	1 X 1
Florajen	20 B	L. acidophilus		capsule	1 X 1
Sustenex	2 B	Bacillus coagulans		capsule	1 X 1
DanActive	>1 B	L. casei DN- 114 001		fermented milk	1 X 3
Dannon Activia	10 B	Bifidus Regularis		yogurt	1 X 3
Yakult	6.5 M	L. Casei shirota		fermented dairy drink	1 X 1-2 (2.7oz)