



MEDICAL NUTRITION USA, INC.

UTI-Stat(R) (ProAntinox(R)) Effective for Recurrent Urinary Tract Infections

Study Also Shows Significant Improvements in Quality of Life

ENGLEWOOD, NJ, May 13, 2010 (MARKETWIRE via COMTEX News Network) -- Medical Nutrition USA, Inc. (NASDAQ: MDNU) today announced the results of a clinical study showing that 91% of women with recurrent urinary tract infections remained symptom-free while taking the company's UTI-Stat(R) (ProAntinox(R)) supplement. The study, which was published by Urology, the official journal of the International Society of Urology, also found that UTI-Stat(R) (ProAntinox(R)) significantly improved quality of life as measured by the American Urologic Association Symptom Index.

The clinical trial was conducted by Dr. Aaron E. Katz, Professor of Clinical Urology at Columbia University College of Physicians and Surgeons and Director of the Center for Holistic Urology. Dr. Katz and his team in three outpatient urology clinics administered UTI-Stat(R) (ProAntinox(R)) daily for 12 weeks to 28 women from 34 to 59 years of age who had at least three UTIs in the previous six months. Blood and urine samples were collected and analyzed for the presence of infection, and safety monitoring was continuously performed during the study period.

"Results showed that UTI-Stat(R) (ProAntinox(R)) had a good safety profile and tolerability, and demonstrated effectiveness in significantly reducing the anticipated incidence of recurrent UTI and improving quality of life in females with a history of UTI," Dr. Katz said.

UTI-Stat(R) (ProAntinox(R)) is currently used in many nursing homes and hospitals, where the incidence of urinary tract infections is higher than in the general public. A 2008 study of 88 nursing home residents with recurrent UTI showed that 92% remained symptom-free while taking UTI-Stat (ProAntinox(R)).

"This new study by Dr. Katz shows that UTI-Stat(R) (ProAntinox(R)) is equally as effective for younger women with recurrent UTI as it has previously been shown to be for older, nursing home residents," said Arnold Gans, Chief Scientific Officer of Medical Nutrition USA. "The absence of symptoms and the improved quality of life shown in these studies are of huge benefit to those who are susceptible to urinary tract infections."

ProAntinox(R) is also available over-the-counter as Cystex(R) Cranberry.

The study can be found at: [http://www.goldjournal.net/article/S0090-4295\(10\)00183-4/abstract](http://www.goldjournal.net/article/S0090-4295(10)00183-4/abstract)

About Medical Nutrition USA, Inc. Medical Nutrition USA develops and distributes products for the nutritionally at risk who are under medical supervision. Its products are used primarily in long-term care facilities, hospitals, dialysis clinics and bariatric clinics. The Company's product lines include Pro-Stat(R), Fiber-Stat(R), UTI-Stat(R) and Diff-Stat(R) as well as private label products. Additional information is available at www.mdnuc.com.

Forward-Looking Statements This news release contains forward-looking statements that are subject to certain risks and uncertainties. Although we believe that the expectations reflected in any of our forward-looking statements are reasonable, actual results could differ materially from those projected or assumed. Risks and uncertainties that could cause or contribute to such material difference include, but are not limited to, general economic conditions, changes in customer demand, changes in trends in the nursing home, renal care, health food and bariatric surgery markets, changes in competitive pricing for products, and the impact of our competitors' new product introductions. Our future financial condition and results of operations, as well as any forward-looking statements are subject to change and inherent risk and uncertainties. Other important factors that may cause actual results to differ materially from those expressed in forward-looking statements are contained in the Medical Nutrition USA, Inc. Annual Report on Form 10-K for the year ended January 31, 2010 as filed with the Securities and Exchange Commission on April 16, 2010.

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